

Washington County Health Needs Assessment

~Local People Solving Local Problems~

Community Members Involved as the Core Work Group (this group served as our Steering Committee):

Washington County Hospital
Doyle McKimmy, Administrator
304 East 3rd Street
Washington, KS 66968
785-325-2211 ext.102

Washington County Hospital District #1 (Hanover Hospital)
Dr. Roger Warren, Administrator
Pat Mueller, Co-Director of Nursing
Bev Wilson, Co-Director of Nursing
205 South Hanover Street
Hanover, KS 66943
785-337-2214

Washington County Health Department
Janice Kearn, RN, Administrator
115 West 3rd Street
Washington, KS 66968
785-325-2600

Teryl Goeckel
Washington County USD #108 Guidance Counselor

Jennifer Hiltgen
Social Worker; Grant Administrator

Facilitator:
North Central Regional Planning Commission, Debra Carlson-Ohlde
PO Box 556
Beloit, KS 67420

KDHE Grant

The group was awarded a grant through KDHE to assist in funding this process.

Medical Service Area

The area covered by the CHNA is Washington County. This includes the Hanover Hospital, Washington County Hospital and the Washington County Health Department. In 2012 the Population Estimate for Washington County was 5,758. See the following slides shown at our first community meetings identifying the demographics of the Medical Service Area that is 30 miles by 30 miles.

Demographic Overview

Population, 2012 estimate

Washington County

5,758¹

Kansas

2,885,905²

¹Down from 5,799 in 2010 and 6,483 in 2000

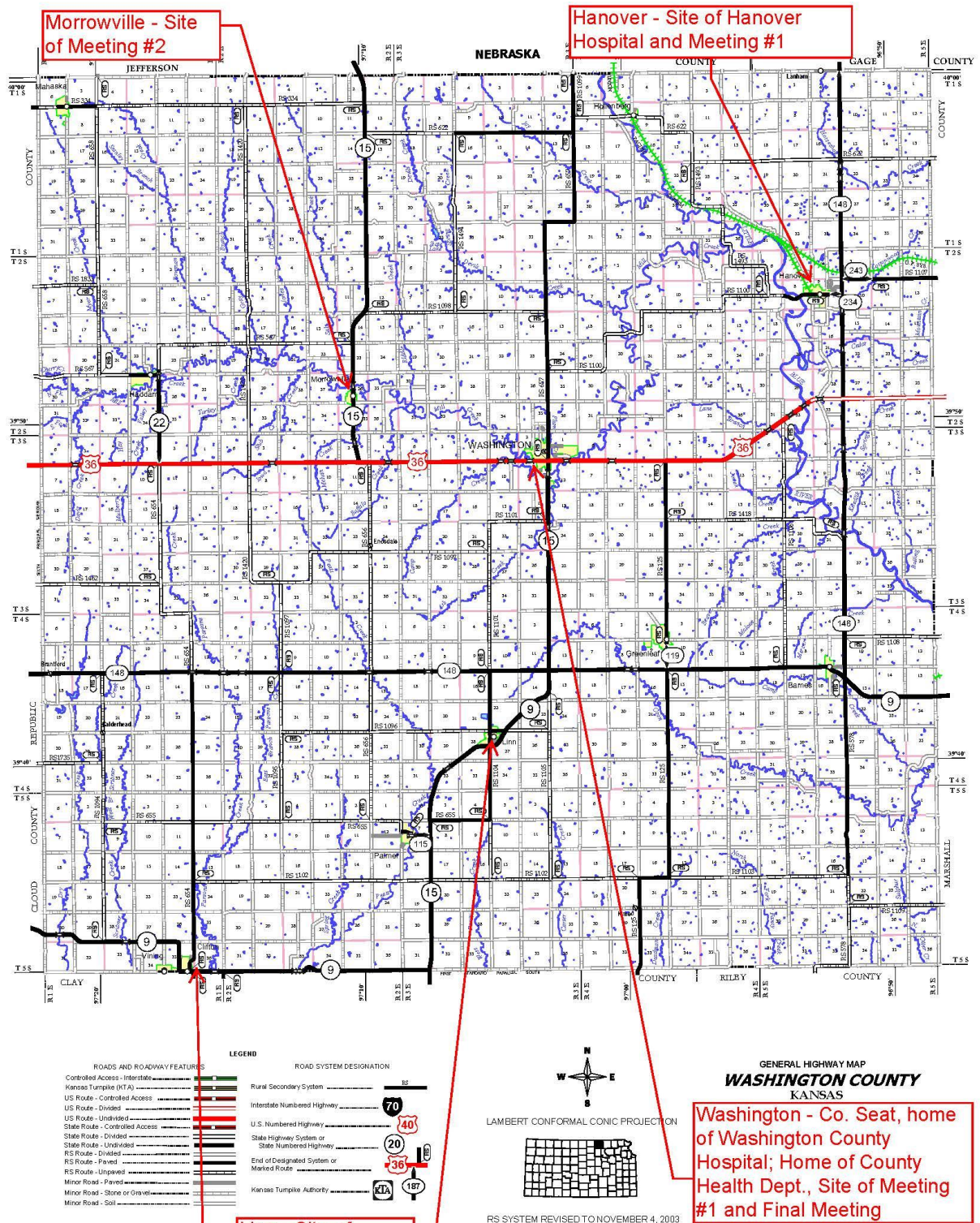
²Up from 2,853,118 in 2010 and 2,688,418 in 2000

Demographic Quick Facts

People Quick Facts	Washington County	Kansas
Persons under 5 yrs., %, 2011	5.7%	7.1%
Persons under 18 yrs., %, 2011	22.8%	25.2%
Persons 65 yrs. and over, %, 2011	22.9%	13.3%
Language other than English spoken at home, % age 5+, 2007-2011	2.8%	10.7%
High school graduate or higher, % of persons age 25+, 2007-2011	88.6%	89.5%
Bachelor's degree or higher, % of persons age 25+, 2007-2011	17.3%	29.7%

Demographic Quick Facts

Economic Quick Facts	Washington County	Kansas
Homeownership rate, 2007-2011	79.7%	69.0%
Persons per household, 2007-2011	2.28	2.49
Per capita income in the past 12 months (2011 dollars), 2007-2011	\$21,391	\$26,545
Median household income, 2007-2011	\$40,469	\$50,594
Persons below poverty level, %, 2007-2011	12.3%	12.6%
Persons per square mile, 2010	6.5	34.9



Morrowville - Site of Meeting #2

Hanover - Site of Hanover Hospital and Meeting #1

Clifton - Site of Meeting #1

Linn - Site of Meeting #2

Washington - Co. Seat, home of Washington County Hospital; Home of County Health Dept., Site of Meeting #1 and Final Meeting

Core Work Group Meeting #1

On February 18th the Core Work Group met to discuss the purpose of and the need to engage in the CHNA process. Also in attendance was the original facilitator, Dr. Roger Baskerville. He and Jennifer Hiltgen worked on the presentation for this meeting and together led this group meeting. The group decided that the service area for the Health Needs Assessment would be Washington County. They also decided on doing a Health Needs Survey as a way to gather necessary data for the county. The group set a goal of having the CHNA completed by the end of the grant (6/30/2013) with end of the summer 2013 being the final deadline. They felt if the progress stalled too much interest would be lost. The group was adamant that the first meeting be held in at least three towns in the county to gain as much interest as possible. The towns of Hanover, Clifton and Washington were selected, with group members completing the final details on locations, snacks, etc.

Following this meeting Dr. Baskerville and Jennifer Hiltgen met to set up a presentation for the first meeting. The Core Work Group worked through e-mail and telephone to create a health needs survey for the county. The week prior to the first meetings the group was faced with the passing of Dr. Baskerville. It was decided to go forward with the scheduled meetings as Dr. Baskerville had a passion for this project and would not want things to be held up. Jennifer would facilitate the first meetings as she and Dr. Baskerville worked closely on creating the presentation. After concluding these first meetings the group would work on obtaining a new facilitator.

Community Meeting #1

This meeting was repeated in Hanover (Northeast Washington Co.), Clifton (Southwest Washington Co.) and Washington (Central Washington Co.).

The first was March 11th at the Kloppenberg Center in Hanover with 15 community members attending and 3 Core Group members. On March 12th at the Clifton Senior Center in Clifton 4 community members and 2 Core Group members were in attendance. The final in this series of meetings was held March 26th at Washington County High School in Washington with 18 community members and 4 Core Group members in attendance. **(See Attachment #1)**

Since the service area for the project is the entire county, it was important to have the meetings accessible at various locations throughout the county, not just the county seat. Early involvement from the smaller communities in the beginning would encourage them to participate throughout the entire process.

To encourage participation, personal letters were sent out to over 90 individuals from around the entire county who were identified as community leaders or with a special interest in health care. **(See Attachments #2 & 3)**

Advertisements with meeting information were also published throughout the month of March in the county papers that include Hanover News, Washington County News, Linn-Palmer Record and the Clyde Republican. Free publicity on the two local cable channels was also run for the month of March. **(See Attachment #4)**

Community Meeting #1 Agenda:

1. Purpose of the CHNA;
2. Identify Health Services in the County;
3. Economic Impact of hospitals in the County;
4. Community Health Survey.

The meeting began with an introduction of what a CHNA is and why it is being completed. The importance of a strategic health planning process and having local people involved and working together for common goals was also discussed. The goal of communication and positive relationships between health care providers throughout the community was a common theme. The process of how this would be done was explained and attendees were notified of what was expected of them.

Expectations included

- attend 3 community meetings;
- complete a Health Survey and encourage others to do the same; and
- assist in the identifications and prioritizing of county health needs and a plan of how to address them.

A list of services from the two hospitals and health department were distributed (**See Attachment #5 for list of services**). Many agreed that they were not aware of certain services that were listed.

A summary of the economic impact of health care in Washington County was provided. This information was taken from Dr. John Leatherman's "The Impact of Health Care Sector to the Economy of Washington County" – Kansas Rural Health Options Projects. How the Economy was segregated for this report was explained as well as the numbers through the following slides:

Economic Impact of Health Care in Washington County

- **Health Services Sector (2007)**

- Health & Personal Care Stores
- Veterinary Services
- Home Health Care Services
- Doctors & Dentists
- Other Ambulatory Health Care
- Hospitals
- Nursing/Residential Care Facilities

332 people (7.9%) of all job holders in the county are under Health Services Sector.

121 are employed under Hospitals

Economic Impact of HealthCare in Washington County

“Ripple Effect”

- Hospital Sector has an employment multiplier of 1.38
- For each job created in the Hospital Sector, another 0.38 jobs are created in other businesses.
- Results in an indirect impact of 46 additional jobs
($121 \times 0.38 = 46$)

Economic Impact of HealthCare in Washington County

“Ripple Effect”

Hospital Employees generate \$5,748,000 of direct income in the county.

- Income multiplier of 1.16
- Total impact of income throughout all businesses of \$6,667,000
($\$5,748,000 \times 1.16 = \$6,667,000$)

Economic Impact of HealthCare in Washington County

“Ripple Effect” Summary

- 442 jobs in the local economy from Health Services Sector.
- \$11,822,000 of income for the local economy generated by Health Services Sector.

The Community Health Survey was discussed. Attendees were encouraged to have each adult in their household complete the survey and to take extras to hand out to friends, family and co-workers. Many took them for their offices, spouses, relatives or groups that they met with. In the weeks to follow the survey was distributed by the Health Department at the annual Health Fair in Washington. The Washington Clinic assisted the Farm Workers group in having it translated into Spanish and distributed to participants at their annual meeting in April. **(See Attachment #6 for Community Health Survey)**

At the conclusion of the meeting, an outline for the rest of the project as well as the agenda for the next two meetings was discussed. The importance of the commitment from each attendee was emphasized. Each meeting ended with informal discussions about the different needs and concerns regarding health care in the county, with a recurring, positive theme for county-wide health planning in the future.

Core Work Group Meeting #2

After the first set of meetings in March, the group began searching for a new facilitator to assist in completing the process. It was also decided to hire someone to enter the data from the surveys. This would allow the new facilitator and the group to focus on analyzing the data. At this time it was decided the next two community meetings would be held in Linn and Morrowville. A press release was created and submitted to all the county newspapers to remind everyone of the current process and that a search for a new facilitator was occurring. It also reminded people about the surveys and encouraged them to complete these. **(See Attachment #7 for press release)**

Core Work Group Meeting #3

Selections for the data entry and facilitator were made. Nicole Barnes, a local college student, was able to do the data entry and Deb Ohlde with the North Central Regional Planning Commission was chosen to facilitate the meetings. Deb resides in Clyde, KS which is just outside of Washington County. Deb was born and raised in Washington Co and has close ties with her job to the county. The NCRPC also has a staff member that specializes in data collection and presentation that could assist in the data analysis. Jennifer met with Deb about this project and a Memorandum of Understanding was signed. The dates and agendas for the final three meetings were set and the process continued.

Community Meeting #2

This meeting was repeated in Linn (South-Central Washington County) and Morrowville (North Central Washington County).

The first was June 12th at 7:30pm at the City Hall in Linn with two community members and 3 core group members in attendance. The second was June 13th at 6:30 at the Cougar's Den in Morrowville with 5 community members and 4 core group members in attendance. **(See Attachment #8)**

To encourage participation, personal letters were sent out to over 90 individuals who were identified as community leaders or with a special interest in health care. **(See Attachment #9 & #2)**

Advertisements with meeting information were also published throughout the county newspapers that include Hanover News, Washington County News, Linn-Palmer Record and the Clyde Republican. Free publicity on the two local cable channels was also aired. **(See Attachment #10)**

Community Meeting #2 Agenda:

1. Welcome & Introductions;
2. Overview of CHNA Concept and Previous Work;
3. Health Data Reporting;
4. Questions and Answers;
5. Final Meeting Information.

The meeting began with a review of the prior meetings and work; highlighting the purpose of the CHNA and the Economic Impact of Health Care in Washington County as shown in Community Meeting #1 Slides (see above).

Next Deb provided data on Washington County from three different web sites. The data was presented and there was group discussion throughout the meeting about the findings. The three websites were The University of Wisconsin Population Health Institute, County Health Rankings 2013; Kansas Health Matters; and Department of Health and Human Services Healthy People 2020.

WASHINGTON COUNTY HEALTH NEEDS ASSESSMENT



Washington County Demographic Overview

- Important to understand a snapshot of the county's makeup so we can use that as a basis for discussing ways to improve health in the county.
- We will first look at some comparative data for Washington County and the State of Kansas.

Demographic Overview

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Health Data from County Health Rankings

- Washington County has a somewhat positive health outcome ranking from County Health Rankings.
(Source: University of Wisconsin Population Health Institute. *County Health Rankings 2013*.)
- Counties receive two summary ranks in this report:
 1. Health Outcomes
 2. Health Factors
- Each of these ranks represents a weighted summary of a number of measures.
- Health outcomes represent how healthy a county is.
- Health factors represent what influences the health of the county.

Health Data from County Health Rankings

Rank	Health Outcomes	Rank	Health Factors
1	Johnson	1	Johnson
2	Riley	2	Nemaha
3	Stevens	3	McPherson
4	Pottawatomie	4	Hodgeman
5	Ellis	5	Mitchell
6	Meade	6	Riley
7	Wabaunsee	7	Douglas
8	Washington	8	Pottawatomie
9	Douglas	9	Smith
10	Osborne	10	Miami
		30	Washington

Health Data from County Health Rankings

- The County Health Rankings provide a snapshot of a community's health and a starting point for investigating and discussing ways to improve health. Areas the report identifies to possibly explore further are below:

Health Behaviors	Washington County	Kansas	National Benchmark
Adult Smoking	16%	18%	13%
Adult Obesity	33%	30%	25%
Excessive Drinking	24%	15%	7%
Clinical Care	Washington County	Kansas	National Benchmark
Dentists	5,912:1	2,066:1	1,516:1

Kansas Health Matters Data

- A one stop source of non-biased data and information about community health in Kansas. (Source: <http://www.kansashealthmatters.org>)
- Priority health indicators represent a foundation for community health needs assessment efforts.
- The Kansas Partnership for Improving Community Health (KanPICH) Priority Indicators
- 20 indicators taken from 100 core health indicators in Kansas Health Matters - health issues that are most prevalent throughout Kansas.

Kansas Health Matters Data

- The website allows users to create a community dashboard by using any of the priority health indicators.
- This tool was used to create Indicator Comparison Reports for the 20 KanPICH Priority Indicators for Washington County and the State of Kansas.

Washington County KanPICH Priority Indicators

Percentage of Adults Participating in Recommended Level of Physical Activity

Location	Percent
Washington County	48.8%
Kansas	48.5%

Percentage of Adults Who are Obese

Location	Percent
Washington County	44.3%
Kansas	28.8%

Percentage of Adults Who are Overweight

Location	Percent
Washington County	25%
Kansas	35.8%

Washington County KanPICH Priority Indicators

Infant Mortality Rate

Location	Deaths/1,000 live births
Washington County	0.0
Kansas	7.0

Percentage of Births Where Mother Smoked During Pregnancy

Location	Percent
Washington County	9.4%
Kansas	14.9%

Percentage of Births with Low Birth Weight

Location	Percent
Washington County	4.8%
Kansas	7.2%

Washington County KanPICH Priority Indicators

Percentage of Adults Who Currently Smoke Cigarettes

Location	Percent
Washington County	9.5%
Kansas	17.8%

Percentage of Adults with Diagnosed Diabetes

Location	Percent
Washington County	8.7%
Kansas	8.5%

Age-Adjusted Heart Disease Mortality Rate per 100,000 Population

Location	Deaths/100,000 Pop.
Washington County	123.6
Kansas	161.4

Washington County KanPICH Priority Indicators

Age-Adjusted Mortality Rate per 100,000 Population

Location	Deaths/100,000 Pop.
Washington County	663.6
Kansas	762.0

Age-Adjusted Suicide Mortality Rate per 100,000 Population

Location	Deaths/100,000 Pop.
Washington County	0.00
Kansas	13.7

Age-Adjusted Traffic Injury Mortality Rate per 100,000 Population

Location	Deaths/100,000 Pop.
Washington County	41.27
Kansas	14.8

Washington County KanPICH Priority Indicators

Percentage of Adults with Fair or Poor Self-Perceived Health Status

Location	Percent
Washington County	14.8%
Kansas	12.3%

Rate of Violent Crime per 1,000 Population

Location	Crimes/100,000 Pop.
Washington County	1.9
Kansas	3.5

Uninsured Adult Population Rate

Location	Percent
Washington County	21.2%
Kansas	19.1%

Washington County KanPICH Priority Indicators

Percentage of Adults with High Cholesterol

Location	Percent
Washington County	37.5%
Kansas	38.6%

Percentage of Adults with Hypertension

Location	Percent
Washington County	33.8%
Kansas	28.7%

Room for Improvement?

Percentage of Adults Who are Obese

Location	Percent
Washington County	44.3%
Kansas	28.8%

Percentage of Adults with Diagnosed Diabetes

Location	Percent
Washington County	8.7%
Kansas	8.5%

Age-Adjusted Traffic Injury Mortality Rate per 100,000 Population

Location	Deaths/100,000 Pop.
Washington County	41.27
Kansas	14.8

Room for Improvement?

Percentage of Adults with Fair or Poor Self-Perceived Health Status

Location	Percent
Washington County	14.8%
Kansas	12.3%

Uninsured Adult Population Rate

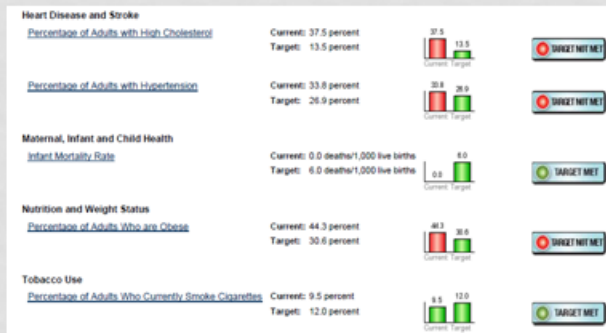
Location	Percent
Washington County	21.2%
Kansas	19.1%

Healthy People 2020

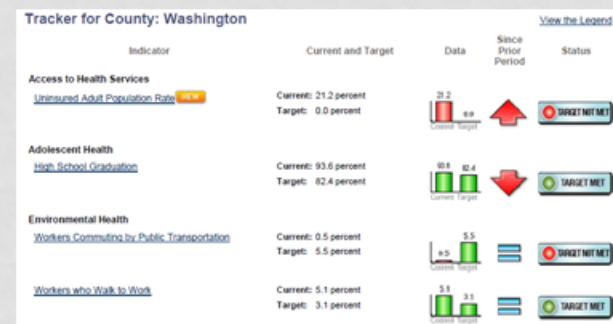


- For the past 3 decades, the Department of Health and Human Services (HHS) has issued a national agenda aimed at improving the health of all Americans over each 10-year span.
- Provides a framework for prevention for communities. The health objectives and targets allow communities to assess their health status and build an agenda for community health improvement.

Washington County Healthy People 2020: Progress Tracker



Washington County Healthy People 2020: Progress Tracker



The announcement for the final meeting was made. Attendees were encouraged to attend and to bring as many from the community as possible; because this meeting would include strategic planning, input from community members was very important. Discussion was held regarding the data and where attendees could find this and the survey results. The core work group members present agreed it needed to be available county-wide and would announce the location at the final meetings. All surveys were collected and turned over for data entry.

Core Work Group Meeting #4

This meeting took place through multiple e-mails and phone conversations due to the short time between the two community meetings. It was decided to use Washington County's official website as the host location for the slides, data and website information. Janice Kearn obtained approval from the county for this. At this time it was also decided to ask Deb and the NCRPC to assist more with the implementation plan. Originally they would edit this, however the Core Work Group felt they needed more assistance and requested this from them. Final details for the last meeting in Washington were set.

Community Meeting #3

This meeting was held in Washington due to it being the location with the largest attendance in prior meetings and because it is the county seat. Due to the format of the meeting it was held only once. The meeting was on June 26th from 7-9pm at the First National Bank in Washington with 10 Community members and 6 Core members in attendance. **(See Attachment #11)**

To encourage participation, personal letters were sent out to over 90 individuals who were identified as community leaders or with a special interest in health care **(See Attachment #12 & 2)**.

Advertisements with meeting information were published throughout the county newspapers that include Hanover News, Washington County News, Linn-Palmer Record and the Clyde Republican. Free publicity on the two local cable channels was also aired. **(See Attachment #13)**

Community Meeting #3 Agenda:

1. Welcome & Introductions;
2. Overview of CHNA Concept and Previous Work;
3. Review of Local Services
4. Review Local Survey Results;
5. Strategic Planning Process;
6. Questions & Answers;
7. Thank You & Closing.

At the final community meeting, participants took a refresher look at all the data that had been gathered from external sources and the community survey and began the process of identifying and prioritizing their needs and determining the strategies to address the need.

The working group acknowledged that the list of needs is longer than manageable in total. It will be key to focus on two or three top priorities and to continue to revisit the list to determine what needs may have been met or what may need to be added. In addition, by monitoring circumstances over time, some needs may move to a more urgent position on the list and therefore may displace another activity for a time. The working relationship between the two hospitals and the health department may allow for a better sub-division of activity and responsibility to better identify needs and their urgency and to more effectively address them. This is key in a small rural community with limited resources and a population that is scattered and with fragmented needs.

The meeting began with a review of the prior two meetings and work. Highlighted was the purpose of the CHNA, the Economic Impact of Health Care in Washington County, and Demographic Quick Facts. Also briefly reviewed were Washington County Health Rankings; Health Matters Health Factors Summary; and Healthy People 2020. There was discussion throughout the presentation, with most participants seeing these for a second time.

Also a review from the first meeting was the list of services provided by the Hanover Hospital, Washington County Hospital and Washington County Health Department were reviewed. Participants were provided these lists and 3 questions were asked and discussed. The following items were discussed regarding these services:

What is a surprise on these lists?

- Extent of In-home services for the elderly provided by the Health Dept.
- Adult Nail Care provided by Health Dept.

Where do you see a hole in these lists of services?

Dialysis
Orthopedics
Pulmonologist
Cardiologist
Mental Health

What would you give up on the list to fill a gap in service?

ICSB at Washington Co Hospital for an Assisted Living facility

The next part of the meeting was to review the local survey results. The results provided good information to propel the discussion toward more in-depth questions about needs and services in the community.

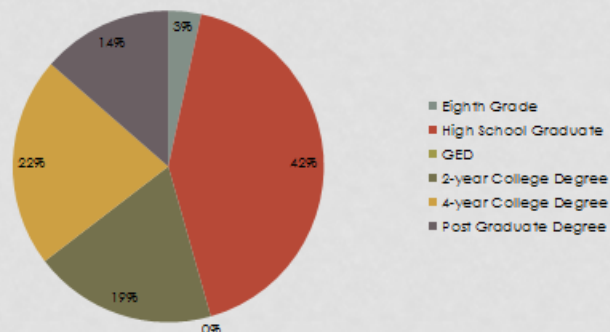
**Washington Co. Health Needs Assessment
Survey Results: Demographics**

Demographic Overview of Respondents:

- 68% were from females
- 46% from individuals age 60 yrs and older
- 52% from individuals age 25-59
- 2% from individuals under 25 yrs of age
- 76.9% of respondents married
- 97.9% reported being white
- 87% own their own home
- 55% from the 66968 (Washington) Zip Code

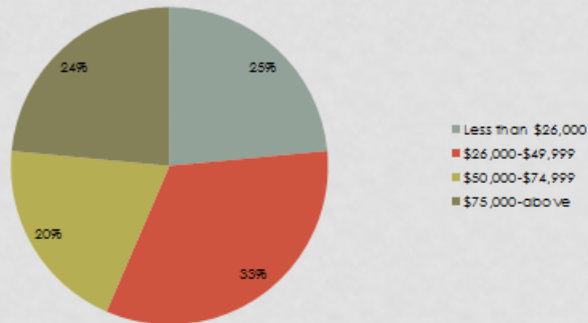
**Washington Co. Health Needs Assessment
Survey Results: Demographics**

What was the highest grade you completed in school?

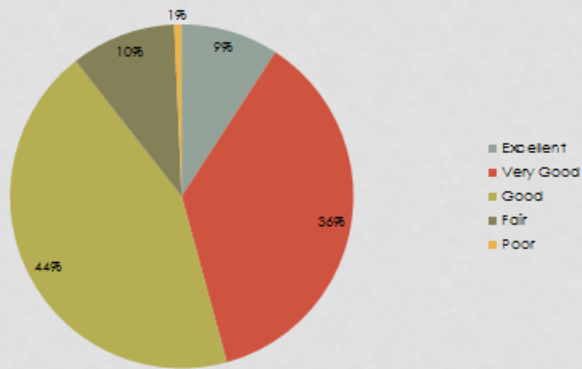


Washington Co. Health Needs Assessment Survey Results: Demographics

Household Income (Annual)

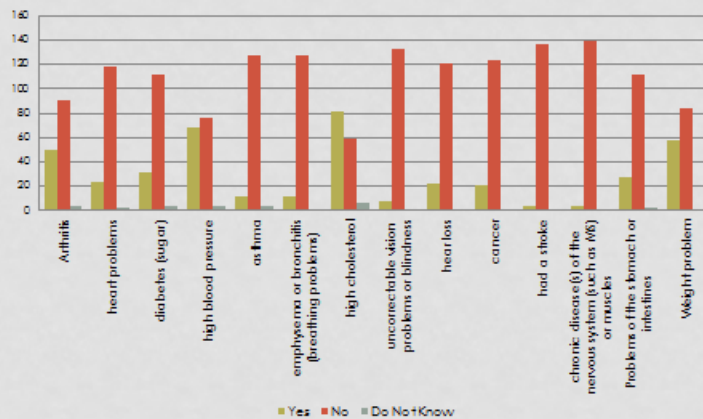


In general, which of the following best describes your health?

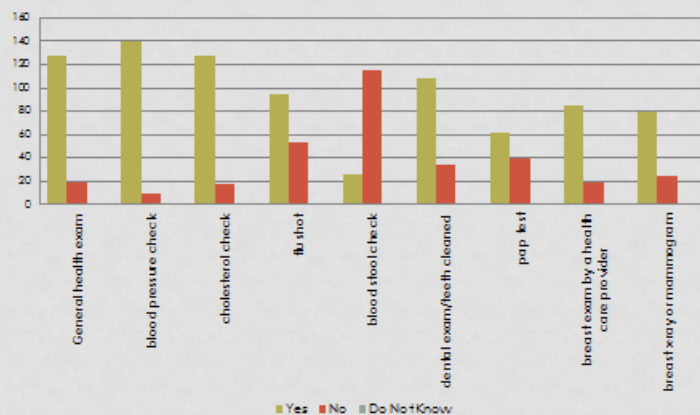


142 Responded

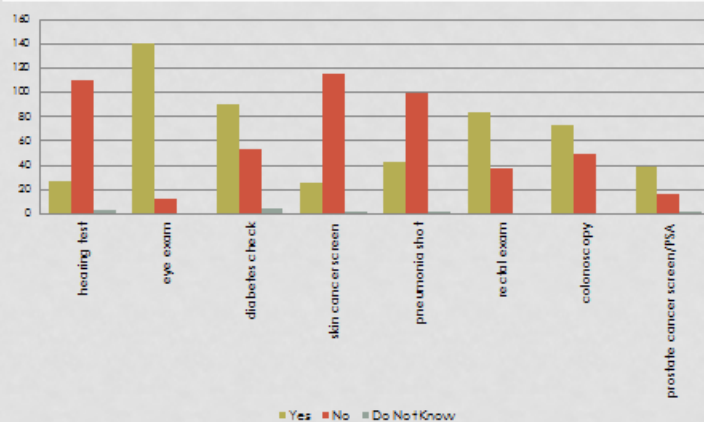
Have you ever been told by a doctor or other health professional that you have:



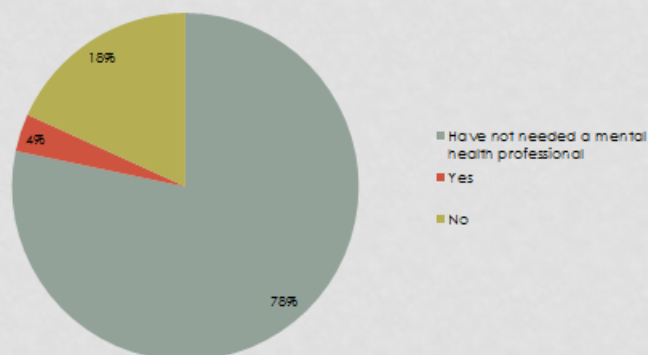
In the past 12 months have you had a:



In the past 5 years have you had a:

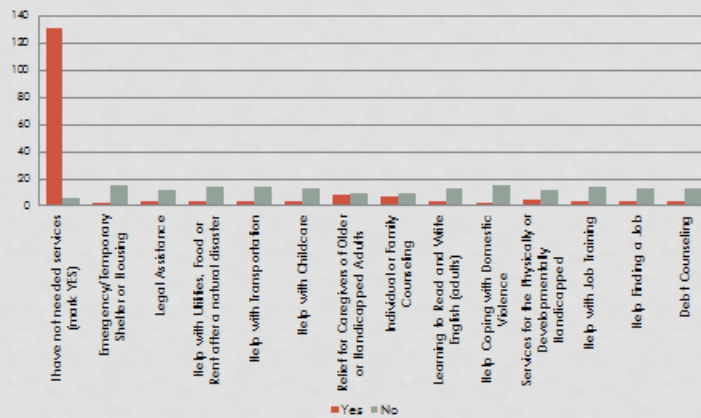


During the past 12 months, have you had difficulty seeing a mental health professional?



143 Responded

In the past 12 months, have you or anyone in your household needed any of the following services and had difficulty getting them?

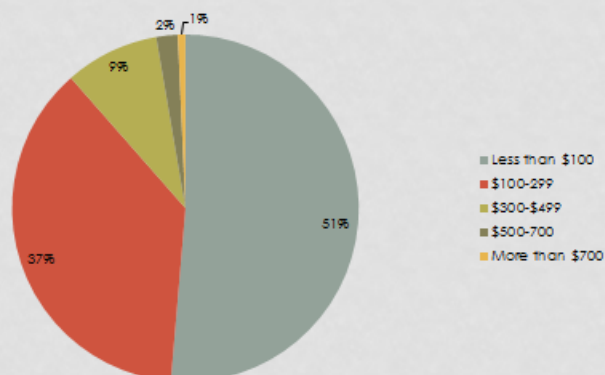


Have you had difficulty accessing healthcare in the past 12 months? If so, why?

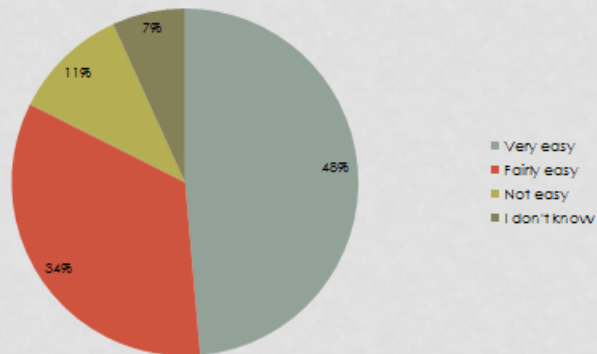
I have not had problems getting needed healthcare	92.6%
Healthcare provider not available	0.0%
Lack of insurance	2.2%
Healthcare provider would not accept your insurance	0.0%
Insurance would not approve pay for care	0.7%
Cannot afford co-pay	3.0%
Lack of transportation	0.0%
Language barriers	1.5%

135 Responded

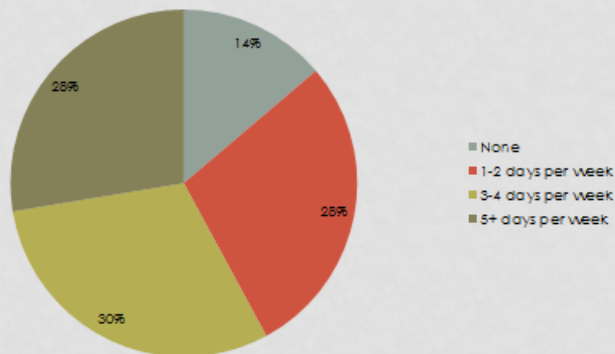
Not including health insurance payments, on average, how much do you spend per month for health care not covered by insurance?



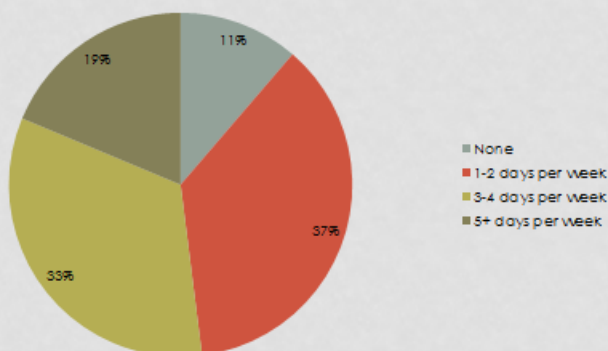
Is it easy in your community to get around on foot or bicycle?



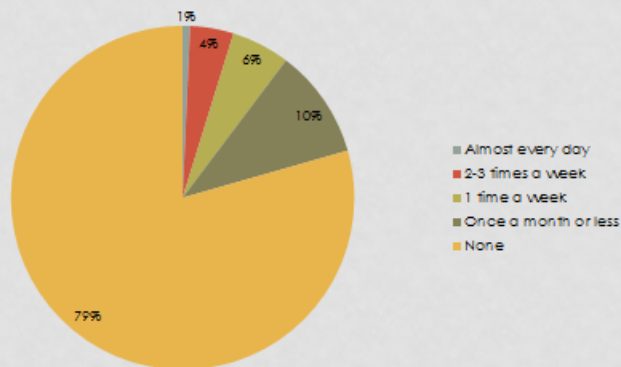
How many days per week do you engage in physical activity for at least 30 minutes?



How many days per week do you eat at least 5 servings of fruits and/or vegetables?



During the past 30 days, how often did you consume 5 or more alcoholic beverages?



What is healthy about our community?
What is unhealthy about our community?

Top 4 Responses for Healthy:

1. Exercise
2. Clean air
3. Clean water
4. Low crime

Top 4 Responses for Unhealthy:

1. Need more healthcare providers
2. Access to fresh fruits/veggies
3. Overuse of alcohol
4. Lack of indoors physical fitness center

83 Responded

What is the most pressing health care related need for you, your family or your community?

Top 4 Responses:

1. Additional family physician
2. Assisted living
3. Emergency care/services
4. Hospital/facility improvements

91 Responded

In what ways are the Hanover Hospital, Washington Co. Hospital and/or Washington Co. Health Dept. serving the community well?

Top 4 Responses:

1. Health Fair
2. Emergency care/ambulance when needed
3. Local/routine healthcare
4. Specialists that come in

92 Responded

In what ways could the Hanover Hospital, Washington Co. Hospital and/or Washington Co. Health Dept. serve the community better?

Top 4 Responses:

1. Work together
2. More medical providers
3. More specialists
4. Updated equipment

88 Responded

What could the hospitals and/or Health Dept. do to improve the health and quality of life of the community?

Top 4 Responses:

1. More providers
2. Work together
3. Updated health technology/facilities
4. Tie between:
 - Assisted living
 - Healthcare prevention/education

73 Responded

After this a short break was held and the group was divided in half. Each group was provided with direction on how a Strategic Planning Process best works. The goal was to have each group identify 3-5 health needs that are priorities in the county. They were encouraged to use all the data they have received from the meetings. The process was divided into smaller tasks to get to the final goal. The first was to analyze the health data and survey data; determine which needs are most important; and consider where we can make a difference. After the small group discussion each group reported back to the larger group with their interpretation of the most pressing Health needs in Washington County.

The needs determined to be highest priority at this point are

- Public awareness of and commitment to wellness activities that can have the largest impact on chronic health issues such as obesity, diabetes/pre-diabetes and high cholesterol
- Wider availability of health education particularly as it is related to chronic disease reduction
- Access to assisted living facilities for the aging population that is too healthy for nursing home facilities, but unable to live a completely independent life
- Cooperation and coordination across health service providers within the county and in partnership with those outside the county who may serve county residents through resident commuting or because the providers offer in-county clinics
- Sufficient availability of service providers based on population and composition of population. This includes, but is not limited to medical doctors, optometrists, pharmacists, dentists, nurse practitioners, physician's assistants, veterinarians, hospital technicians, emergency responders/paramedics
- Effective and efficient emergency medical care including personnel (first responders and physician coverage of emergency rooms) and continuing education

The work group began to develop goals for addressing each of the identified needs. And for each goal, strategies to achieve the goal began to surface. Because the list of needs needed to be further prioritized, the work group opted to focus on the needs that both small groups had identified. The following four goals were worked on by the work group:

GOAL 1: Maintain a stable, full spectrum of health care professionals.

Short term, based on current population and knowledge of current staff the community believes they could benefit from the recruitment of 2 Pharmacists; 2 Physicians; 2 Mid-levels; 2 Dentists; 1 Optometrist; and 1 Physical Therapist

Strategies:

- Coordinate with School District Counselor to encourage High School- Job Shadowing and basic health classes through the Career and Technical Education program to grow local providers from those interested in the area
- Financially support further education for area residents who might return to school to see higher level credentials such as those needed above
- Target college education scholarship support toward local students who would fill key health professions in the community
- Maintain contact with former residents who have achieved the necessary credentials and might be open to returning to the area

- Coordinate health care professional recruitment on a county-wide basis
 - Study models of Kansas communities with active regional or county-wide recruitment models
 - Seek other counties in the region that might partner in this endeavor

GOAL 2: Advance wellness opportunities among the county population.

Several areas of the county have seen an increase in young families. In addition, baby-boomers are actively seeking to maintain or increase the level of physical activity. There is also growing interest in eating local.

Strategies:

- Take advantage of social media to create support networks and information sharing related to healthy eating and physical activity
- Pursue grant sources such as the Sunflower Foundation or the KS Health Foundation to provide additional venues for physical activity
- Become familiar with and incorporate successful wellness initiatives promoted through KSU Research and Extension
- Seek partnerships with health providers interested in promoting wellness classes
- Create fun and inspirational team competitions for youth and adults around wellness activities
- Create a culture of “Healthy Addictions” and So people see Washington County as a place to “Live here for the Health of It!”
- Create infrastructure for health such as walking paths, biking trails, places for indoor physical activity

GOAL 3: Ensure residents have access to education related to chronic disease reduction.

Several major issues facing the county have to do with the aging population (more likely to face chronic disease) and with behaviors that lead to increased incidence of chronic disease (alcohol use, obesity). Others are due to general quality of life and the need to help citizens better understand the impact of all of life choices on their health

Strategies:

- A Chronic Disease Risk Reduction Grant has been received by the Washington County Health Department in collaboration with the Washington County Resource Council. Currently more involvement is needed by medical providers, schools & community groups.
- Current grant focus is on Tobacco use. Also includes providing general education related to health living such as – moderate alcohol consumption, mental health, dietary classes, parenting classes, personal finance.

GOAL 4: Provide adequate access to assisted living facilities within the county.

Washington County has a high percentage of the population over the age of 65. This facet of the population frequently faces a choice between living alone longer than is really safe and living in a nursing home setting. Many times they would benefit from mid-level care and companionship at an assisted living facility rather than one of the other two extremes.

Strategies:

- Develop a partnership to explore the specifics of an assisted living facility or facilities in the county
- A feasibility study would include the type of facility needed, size of facility, and preferred location

The meeting concluded with discussion and planning for the future. Participants were told that the final plan and information would be located on the Washington County website. They were also informed of the next steps for each hospital and health department. Core group members present encouraged others to refer back this information; if they are participating in activities and hear of grants to benefit the county remember there is a lot of data collection and information already completed and ready to be shared and utilized with possible funding sources.

Hospital Final Approval of Implementation Plan:

Washington County Hospital

Approval

Washington County Hospital's Board of Directors includes representatives from the entire County. The Board has reviewed the Community Health Needs Assessment process and has accepted the implementation plan as a supplement to its work plan for the next three years of operation until such time as a new CHNA is conducted.

Include which needs Washington County Hospital can address and the implementation strategies:

- Goal 1: We continue to be in contact with three local residents who are now in their residency programs to encourage their return to the area. We have two nurses that are part of a NP program and plan to practice in the area in the future.
We continue with our plans to renovate and build a new facility that would appeal to recruits.
We would consider some type of loan repayment for recruits.
We will continue to meet with high school counselors and encourage programs for students.
- Goal 2: Create a social media page to encourage wellness and offer support to those participating in programs.
Promote wellness in the county.
Serve on a committee to look at methods to promote wellness: bike paths, etc. This would certainly need to be a team effort.
- Goal 3: Participate in Chronic Disease Risk Reduction through Healthwise 55 with speakers.

Include which needs Washington County Hospital cannot address and reason(s) why (ex: financial or personnel resources not available):

Develop assisted living facility – financial
Grant writing - personnel

This Plan was prepared for the Sept. 18, 2013, 2013 meeting of the Governing Board.
(Date)

Washington County Hospital Board of Directors Approval:

Jed W. Phillie Chairman
(Name and Title)

Sept. 18, 2013
(Date)

Approval

Hanover Hospital's Board of Directors includes representatives from the entire Hospital District #1. The Board has reviewed the Community Health Needs Assessment process and has accepted the implementation plan as a supplement to its work plan for the next three years of operation until such time as a new CHNA is conducted.

Include which needs Washington County Hospital District #1 Hanover Hospital can address and the implementation strategies:

Goal 1: The Hanover Hospital Board of Directors continue to contact local residents currently in residency programs in medical school to encourage them to return to the local area. Currently we have a Registered Nurse on staff in the NP Program with plans of returning to practice in the area after her program is completed.

Hanover Hospital continues to offer a Candy Striping program to all teens 12-15 years of age; orienting them to the medical field by allowing them to assist in the nursing home and hospital. It is our hope that several of these kids will develop an interest in an area of the medical profession; go on to school to become Physicians Nurse Practitioners or other providers in the medical field; and return to practice locally through offering this program.

The Hanover High School Counselors will be encouraged to provide information to all interested students of medical programs available. These interested students will be encouraged to do job-shadowing with the Hanover Hospital staff.

Further education for current staff members who are enrolled in Nursing, and NP programs may be supported in part financially by the Hanover Hospital along with assistance from state financial programs in order for them to return and practice at the Hanover Hospital.

Maintain contact with former residents who have achieved the necessary credentials and encourage their return to the area.

Goal 2: Seek assistance with health providers such as Physicians, Nurses, Dieticians, Washington County Health Department, Pawnee Mental Health and Washington County Extension office interested in promoting wellness classes.

Goal 3: Assist in providing education to individuals 55 and older through Healthwise 55 Senior Resource and speakers.

Assist in providing education through local education with literature and speakers related to chronic diseases caused by tobacco use, alcohol, obesity in children and adults and other unhealthy life styles.

Include which needs Washington County Hospital District #1 Hanover Hospital cannot address and reason(s) why:

*Developing an Assisted Living Facility in Hanover- Financial
Grant writing- Personnel*

This Plan was prepared for the November 26, 2013 meeting of the Governing Board.
(Date)

Hanover Hospital Governing Board Approval:

David L. Heuer - Board President
(Name and Title)

11-26-13
(Date)

Community Awareness of Assessment

Methodology for Making Assessment Available and Availability of Advisory Committee Report:

The Core Committee intends to make much of the information from the public meetings available at the Washington County web site (www.washingtoncountyks.net). Items there will include

- the power point presentations from all three meetings,
- a list of services from the health department and the two hospitals,
- links to the various data sources that were used for the CHNA, and
- contact information for the Core Committee.

When approved by both hospital boards; the final report/results of the assessment process will also be posted at the web site. A link to the site which features statewide information regarding the CHNA process in Kansas will also direct visitors to this broader portal of information.

News releases will also be prepared for the area papers and radio stations. As feasible, members of the Core Committee will be available for public presentations regarding the information at luncheons and/or meetings of key community groups.

Additional opportunities for the public to be aware of the process will occur when the two hospitals in the County release their action plans as noted below.

Hospital Action Plan Available to the Public

After the hospital boards have both approved the final report and the action plan, both the Washington County Hospital and the Hanover Hospital will make their action plans available via the Washington County web site (www.washingtoncountyks.net). Links will be prominently displayed on the opening page of the web site.

In addition, the receptionists at the hospitals will be made aware of the location of a hard copy of the action plan. Should anyone inquire of the hospitals and request a copy, the receptionist will be able to assist with this. Hard copies will be available to the public through the administrator's office at no charge upon request.

The hospitals will release a joint news release regarding the results of the CHNA process and the availability of the action plans. The highlights of the assessment process and the results will be showcased in the news release. The news release will be sent to all newspapers and radio stations serving the county.

Ancillary boards or support organizations of the facilities and general community groups will be contacted and provided with a general overview of the assessment. Members of the core committee will be available to present the results to community groups upon request.

ATTACHMENT #1

Community Mtg #1 Attendance

Attendees at each location by zip code	Community Affiliations
Hanover Meeting 3-11-2013	
Washington	USD #108 Guidance Counselor; Core Work Group
Washington	Veterinarian, Rotary Club, Chamber of Commerce
Washington	Rotary Club, Chamber of Commerce
Hanover	Hanover Hospital Administrator and Chief of Medical Staff
Hanover	Pharmacist; Hanover Hospital Board of Directors
Linn	Pawnee Mental Health
Linn	Community Member
Hanover	Hanover Hospital Board of Directors
Hanover	Community Volunteer
Hanover	Health Department Nurse
Hanover	Community Volunteer
Hanover	Community Volunteer
Hanover	Community Volunteer
Hanover	Community Volunteer
Washington	Community Volunteer
Hanover	Community Volunteer
Hanover	Hanover Hospital Director of Nursing, Core Work Group
Greenleaf	Acting Facilitator, Core Work Group, Social Worker
Clifton Meeting 3-12-2013	
Linn	Washington County Commissioner
Linn	Washington Co Hospital Board of Directors
Palmer	USD #108 School Nurse
Palmer	Health Department Nurse
Washington	USD #108 Guidance Counselor; Core Work Group
Greenleaf	Acting Facilitator, Core Work Group, Social Worker
Washington Meeting 3-26-2013	
Washington	Community Member

Washington	Community Member
Washington	City Council
Washington	Community Member
Washington	Washington County Commissioner
Washington	Community Member; Economic Development Volunteer
Washington	Community Volunteer
Washington	Washington Clinic Manager
Washington	Community Volunteer
Washington	Community Member
Washington	Meals on Wheels Director
Washington	Washington Clinic Nurse
Morrowville	Community Volunteer
Washington	USD #108 Librarian
Washington	Washington Co Hospital Radiology Director
Washington	Health Department
Washington	USD #108 Music Teacher; Community Volunteer
Washington	Washington Co Hospital DON
Washington	Health Dept Director, Core Work Group
Washington	Washington Co Hospital Administrator, Core Work Group
Washington	USD #108 Guidance Counselor; Core Work Group
Greenleaf	Acting Facilitator, Core Work Group, Social Worker

ATTACHMENT #2: Mailing List

City	ZIP	Community Affiliation
Clifton	66937	USD #223 Educator
Clifton	66937	Special Education
Clifton	66937	Community Volunteer
Clyde	66938	Homestead Nursing Home Administrator
Greenleaf	66943	USD #223 Guidance Counselor; Nurse Practitioner
Greenleaf	66943	County Newspaper Editor; USD #223 Coach & Volunteer
Greenleaf	66943	Business Owners and Community Volunteers
Greenleaf	66943	County Commissioner; Community Volunteers
Greenleaf	66943	Business Owners; Community Volunteers
Greenleaf	66943	Occupational Therapist
Greenleaf	66943	Banker
Greenleaf	66943	Business Owner; USD#108 Educator
Greenleaf	66943	Head Start; Community Volunteer
Haddam	66944	USD #108 Bus Driver; Community Volunteer
Haddam	66944	Family Farmer; USD #108 Educator
Haddam	66944	Community Volunteers
Haddam	66944	Nurse Practitioner
Haddam	66944	Cattle Rancher; Nurse
Hanover	66945	Hanover City Council
Hanover	66945	USD #108 Educator
Hanover	66945	Pharmacist; Hanover Hospital Board of Directors
Hanover	66945	Businessman
Hanover	66945	County Priest
Hanover	66945	County Clerk
Hanover	66945	Chief of Staff & Administrator Hanover Hospital
Hanover	66945	Hanover Hospital Board of Directors
Hanover	66945	Community Volunteer
Hanover	66945	Health Department Nurse
Hanover	66945	Community Volunteer
Hanover	66945	Community Volunteer
Hanover	66945	Community Volunteer
Hanover	66945	Community Volunteer
Hanover	66945	Community Volunteer
Linn	66953	County Commissioner; Washington Co Hospital Board
Linn	66953	Chiropractor & Chamber member; Massage Therapist
Linn	66953	Businessman
Linn	66953	USD#223 Principal; Linn Nursing Home
Linn	66953	Retired Nurse; Community Volunteer
Linn	66953	Pawnee Mental Health Board Member
Mahaska	66955	Business owners
Mahaska	66955	Community Volunteers
Mahaska	66955	Educators
Morrowville	66958	Community Volunteers

Morrowville	66958	USD #108 School Board Member
Morrowville	66958	Community Volunteer
Morrowville	66958	Community Volunteer
Morrowville	66958	USD #108 Educator
Palmer	66962	Community Volunteers
Palmer	66962	Former Extension Agent
Palmer	66962	Pharmacist & Wash. Co Hospital Board; Comm. Volunteers
Palmer	66962	USD #108 Nurse
Palmer	66962	Banker; Nurse/Red Cross Volunteer
Palmer	66962	County Register of Deeds
Palmer	66962	Health Department Nurse
Washington	66968	Family Physician; Cardiac/Wellness Nurse
Washington	66968	Banker; USD #108 Employee
Washington	66968	Senior Center Director/Meals on Wheels
Washington	66968	Nurse Assistant; Washington Librarian
Washington	66968	St. Augustine Catholic Church
Washington	66968	Emergency Preparedness Director
Washington	66968	County Commissioner; Retired Nurse
Washington	66968	Banker; Early Childhood Educator
Washington	66968	Dentist; EMT
Washington	66968	Optometrist; Rotary Member
Washington	66968	Chiropractor; Business Owner
Washington	66968	Washington Clinic Manager
Washington	66968	Banker; Optometrist Assistant
Washington	66968	Conservation Office; Banker
Washington	66968	Business Owner
Washington	66968	USD #108 Superintendent; Educator & Comm. Volunteer
Washington	66968	St. John Catholic School Principal; USD #108 Educator
Washington	66968	Methodist Ministers; Lions Club; Comm. Volunteers
Washington	66968	Lutheran Minister; Community Volunteer
Washington	66968	Business Owner; Banker
Washington	66968	Lions Club Board; Community Volunteer
Washington	66968	Retired Veterinarian; Community Volunteers
Washington	66968	Veterinarian; Registered Dietician
Washington	66968	Veterinarian; Day Care Provider
Washington	66968	Day Care/Preschool Providers
Washington	66968	Veterinarian; Community Volunteers
Washington	66968	Veterinarian
Washington	66968	Washington City Clerk
Washington	66968	Washington EMT
Washington	66968	Director of Nursing, Washington Co Hospital
Washington	66968	State of KS House of Representatives
Washington	66968	County Attorney
Washington	66968	Community Volunteer
Washington	66968	Courthouse Employee; Community Volunteer
Washington	66968	Community Volunteer

Washington	66968	Community Volunteer
Washington	66968	Community Volunteer
Washington	66968	Former Co Economic Developer; Community Volunteer
Washington	66968	Community Volunteer
Washington	66968	Community Volunteers
Washington	66968	Washington Clinic Nurse
Washington	66968	USD #108 Librarian
Washington	66968	Washington Co Hospital Radiology Director
Washington	66968	Health Department Secretary
Washington	66968	USD #108 Music Teacher

Washington County Health Needs Assessment

~Local People Solving Local Problems~

The Hanover Hospital, Washington County Hospital and Washington County Health Department are requesting your assistance in conducting a Community Health Needs Assessment (CHNA) for Washington County. This Community-based assessment will look at the Health Care needs in Washington County. This is a requirement of both hospital in the "The Patient Protection and Affordable Care Act" passed by the Federal Government. This is also a requirement for the Health Department to become accredited.

The hospitals and health department were fortunate to receive a grant through the State of Kansas to complete the CHNA. To meet the federal government and grant requirements **we need your help!** We are looking for community partners who are invested in the future of Washington County.

Your commitment will be to attend and participate in three meetings held within the county between now and June 1, 2013. You will also be asked to complete a short survey about the health care needs in Washington County.

Meeting #1 Agenda

1. Purpose of the CHNA
2. Identify Health services in the county
3. Learn the economic impact of hospitals
4. Complete a Community Health Survey

This community meeting will be held in 3 different locations throughout the county & you are asked to attend one of the following:

Monday, March 11th at the Kloppenberg Center, Hanover

Tuesday, March 12th at the Clifton Senior Center, Clifton

Tuesday, March 26th at the Washington Co High School Cafeteria

These meetings will begin at 7:00 and end at 8:30. Refreshments will be served.

We seek your participation on how we can provide a sustainable health care system and maintain the benefits associated with accessible and affordable health care in rural America. We want you to direct the future of health care in Washington County! We greatly appreciate your willingness to serve as a partner in this project. Please let us know of your availability to participate. Please note these meetings are open to the public and you are encouraged to invite others to attend.

Sincerely,

Washington County CHNA Core Work Group

Dr. Roger Baskerville, Facilitator

Pat Mueller & Bev Wilson, Hanover Hospital

Doyle McKimmy, Washington County Hospital

Janice Kearn, Washington County Health Department

Teryl Goeckel, Jennifer Hiltgen & Cindy Wadlington, Community Members

ATTACHMENT #3: Invite Mtg #1

Washington County Health Needs Assessment

~Local People Solving Local Problems~

The Hanover Hospital, Washington County Hospital and Washington County Health Department are requesting your assistance in conducting a Community Health Needs Assessment (CHNA) for Washington County. This Community-based assessment will look at the Health Care needs in Washington County.

The hospitals and health department were fortunate to receive a grant through the State of Kansas to complete the government required CHNA. To meet the federal government and grant requirements **we need your help!** We are looking for community partners who are invested in the future of Washington County.

Meeting #1 Agenda

1. Purpose of the CHNA
2. Identify health services in the county
3. Learn the economic impact of hospitals
4. Complete a Community Health Survey

This community meeting will be held in 3 different locations throughout the county:

Monday, March 11th at the Kloppenberg Center in Hanover
Tuesday, March 12th at the Clifton Senior Center in Clifton
Tuesday, March 26th at the Washington Co High School Cafeteria

These meetings will begin at **7:00** and end at **8:30**.

Refreshments will be provided.

The Hanover Hospital, Washington County Hospital and Washington County Health Department seek your participation on how we can provide a sustainable health care system and maintain the benefits associated with accessible and affordable health care in rural America.

We want you to direct the future of health care in Washington County!

Washington County CHNA Core Work Group

Pat Mueller & Bev Wilson, Hanover Hospital Administration
Doyle McKimmy, Washington County Hospital Administrator
Janice Kearn, Washington County Health Department
Teryl Goeckel, Jennifer Hiltgen & Cindy Waddlington, Community Members
Dr. Roger Baskerville, Facilitator

Services Offered by Hanover Hospital

Hanover Hospital is a Critical Access Hospital (CAH)

As a Critical Access hospital we provide 24-hour emergency care services; have 25 patient beds and the length of patients' hospital stay averages up to 96 hours.

Acute Inpatient Care

Inpatients receive general medical and surgical care. Primarily, inpatient services cover any general acute care medical need including:

- **Mechanical Ventilation** - Initiation, maintenance, and monitoring of the machines used to assist in breathing.
- **Continuous EKG Monitoring** of patients via bedside monitors and wireless telemetry that is received at a Central Station

Observation Room

This is the ongoing short term treatment, assessment, and reassessment of a patient while deciding whether the patient will require further treatment as hospital inpatient or if they are able to be discharged.

OB Services-Labor and Delivery

- Complete OB care to delivery of newborn
- Childbirth Education classes designed to educate participants about the labor and delivery process, to classes that show member how to care for themselves and their newborn

Pharmacy

- Fully stocked pharmacy.
- A licensed pharmacist provides consultation to the physicians and nurses for complete pharmacological needs.

Skilled Swing Bed

Skilled nursing services (Swing Beds) are extremely beneficial when a patient is ready to leave the acute care level of a hospital stay, but is not yet well enough to return home.

- Provides skilled nursing care and rehabilitation services. This may include IV therapy as well as physical/occupational and speech therapy.

Emergency Room Services

- Provides 24 hour services, seven days a week to any patient.

Laboratory

- Laboratory tests are provided to all patients with a physician's order.
- Lab services provide: Transfusion Service (Blood Bank), Microbiology Hematology and Chemistry

EKG's

An EKG is a test that records the electrical activity of the heart. It is provided to any patient who needs this to diagnose abnormal rhythms of the heart

Radiology Department

- New X-Ray room with digital system and storage
- New table and generator
- Capability of sending digital x-rays to Topeka
- New Tele-Radiology with Topeka Radiologists allowing us to have 24 hour radiology coverage and results of x-rays in a matter of minutes.

Contracted Radiology services offered are

- Bone Densitometry
- MRI (Magnetic Resonance Imaging)

Surgical Services

General Surgery Services

Outpatient Surgery Services

Endoscopy Outpatient Procedures

Registered Dietitian

- Our Registered Dietitian will discuss nutritional concerns and special needs.
 - Patients will receive individualized meal plans.
 - We also provide nutrition counseling for weight loss, heart health and more.
-

Outpatient Services

- **Surgery**
- **Lab & Radiology**
- **Emergency Department**
- **Cardiac Rehabilitation**

Offered to any patient needing a professionally supervised program to help them recover from [heart attacks](#), [heart surgery](#) and percutaneous coronary intervention (PCI) procedures such as stenting and angioplasty

Rehabilitation Services offered to Inpatients, Outpatients, Swing Bed patients

- **Physical Therapy**
- **Occupational Therapy**
- **Speech-Language Pathology**

Wellness Center

Pastoral Care

With the assistance of a group of area clergy, we are able to provide all patients and their families with visitation and prayer, or we can contact someone from the patient's church or denomination.

Intermediate Care Swing Bed

An intermediate Swing bed unit where a patient who needs assistance with activities of daily living can live for any length of time or be rehabilitated to return home with use of available resources.

- **Social Services Designee**
Provides assistance to our Swing Bed Patients as needed.
- **Activities Director**
Provide organized activities for all Swing Bed patients (acute and Intermediate)
- **Rehabilitation Aide**
Provides support to professional physical therapists to help patients recovering from injury, surgery, or illness

Respite Care

Respite Care is short-term, temporary relief to those who are caring for family members who might otherwise require permanent placement in a facility outside the home.

Hanover Hospital Ambulance Service

24 hours/day, 7 days/week. Staffed with 12 EMTs, First Responder and RNs

Community Activities

1. 2 Reading Programs for Intermediate Swing Bed Residents

- 2nd Grade Story Tellers -Hanover Public School
- Book Buddies Program - St. John's Catholic School

2. Meals on Wheels

A program that delivers meals to Hanover homebound residents who are unable to prepare their own meals. Meals are delivered by a group of volunteers.

3. Area High School Year Books

We support through purchase of ads

4. Hospital Volunteers

- Assist in church services,
- Activities for Swing Bed patients,
- Quilt weekly

5. Presentations to school classes

6. CPR Certification

7. Community Events

By sponsoring through advertisements in paper and radio

Internal Hospital Staff Training

CPR Certification

Staff Recognition at Christmas

Staff Secret Pal -drawn yearly

Governing Body-Board of Directors

Advertisement-Weekly area newspapers, radio (KNDY & KCLY)

**WASHINGTON COUNTY HEALTH DEPARTMENT
LIST OF SERVICES**

Immunizations-Children, Adolescents and Adults

Child Health Assessments (private, day care, preschool, kindergarten, school entrance, Kan Be Healthy)

Childhood screenings in cooperation with Educational Cooperative

Vision Screening

Hearing Screening

Growth and Developmental Screening

Child Care Licensing

WIC (Women, Infants and Children Supplemental Food Program)

Administration of prescription drugs and allergic injections as ordered by physician (B12 injections, allergy)

Adult Nail Care

Family Planning Services

Well Woman Exams

Early Detection Works (breast and cervical cancer screening site)

Sexually Transmitted Disease screening and treatment (chlamydia, gonorrhea, syphilis)

Tuberculosis screening, evaluation and treatment

Medication Management for clients in the office or their home

In home services for client as authorized by the Area Agency on Aging (Med management, Bath assistance, Homemaking)

Private in home services for bath assistance

Public Health Emergency Preparedness

Chronic Disease Risk Reduction

Washington County Home Health Services (covered by Medicare, Medicaid and Private Insurance if requirements are met):

Skilled Nursing

Speech Therapy

Occupational Therapy

Physical Therapy

Home Health Aide

WASHINGTON COUNTY HOSPITAL SERVICES PROVIDED

Washington County Hospital is a not-for-profit, Critical Access Hospital. WCH includes 25 acute care beds, 24-hour Emergency Room and many other services provided to meet the health care needs of Washington County.

Acute Inpatient Care: Provide General Medical and Surgical Care for Inpatients. This is for any patient that cannot be treated on an outpatient basis. This includes a Special Care Unit and Isolation Room for Airborne Infections. These services are provided to patients of all ages.

Observation Care: This is for a patient who needs periodic monitoring by nursing and other staff, along with services that are reasonable and necessary to evaluate a patient's condition or to determine the need for a possible Inpatient admission. Typical Outpatient length of stay is 24-48 hours.

Surgical Services: Routine surgical procedures completed are Colonoscopy, EGD (Gastric), Bronchoscopy, Cystoscopy and Hysteroscopy. Laparoscopic procedures are Laparoscopic Cholecystectomy, Hysterectomy, Tubal Ligations and Exploratory Surgeries.

Labor, Delivery and Newborn Care: Provide full labor and delivery services from beginning of pregnancy through birth, including newborn care.

Skilled Swing Bed: Provided for patients who are no longer requiring Acute Inpatient Care, however are unable to return home due to need of a daily skilled service such as IV Therapy or Physical, Occupational or Speech Therapy.

Emergency Department: Provide Emergency services 24 hours a day seven days a week to those needing Emergency Services.

Respite Care: Patients can stay short term to provide relief for family members who provide care for them. This includes Hospice Respite for patients at home with Hospice services and the family needs temporary relief.

Intermediate Care Swing Bed: This is for individuals who needs assistance with daily living and can live here for an undetermined length of time. Services provided include personal care, medication management, meals, activities and other services as needed.

Laboratory: Provides a large array of laboratory tests for all Inpatients and Outpatients with physician orders. These tests are completed in the hospital laboratory. The lab also collaborates with larger laboratory facilities to complete additional tests.

Radiology: Provide X-Rays, CT scans and Mammograms in-house. Radiology contracts with other facilities to provide MRI's, Ultrasounds, Dopplers, Sonograms, Echocardiograms, Nuclear Stress Tests, and Bone Density tests to patients in house. This array of service is available to all Inpatients and Outpatients with physician orders.

EKG's: This records electrical tracings of the heart and is provided to any patients with a physician's order.

Rehabilitation: Physical Therapists, Occupational Therapists and Speech-Language Pathologists evaluate and treat patients. The services are available to all Inpatients and Outpatient with a physician order.

Pharmacy: Full line of medications to service our patients. A Licensed Pharmacist is available to provide consultation to Medical and Nursing Staff for these services.

Wound Care: Provided by a physician, certified wound care nurse and registered dietitian. These services are provided to Inpatients and Outpatients.

Social Services: Licensed Social Worker provides assistance to patients as identified.

Dietary: Registered Dietician provides nutritional counseling to patients with needs such as heart health, diabetes, weight loss, etc. Counseling is provided to both Inpatients and Outpatients. Also oversee menu for all patients, including those with special dietary needs.

Cardiac Rehabilitation: A Registered Nurse trained specifically in Cardiac Rehabilitation, works closely with patients needing this physician ordered service post a heart attack, heart surgery, or other heart procedures and conditions. This includes education on exercise and nutrition.

Wellness Center: The use of 2 commercial grade treadmills, an Elliptical, 2 Nu-Steps, 2 Schwinn Air Dyne Bikes, Hand Weights and a Total Gym Power Tower are available to the community for a small monthly fee. Individual wellness programs established by a Registered Nurse with an extensive nutrition and wellness background are also available.

COMMUNITY ACTIVITIES

Meals on Wheels: Delivery of meals to people living in the Washington community that have special dietary needs and are unable to prepare meals for themselves.

Health Wise 55: Provide a quarterly newsletter to area residents that include tips on healthy living and eating. The Lunch Bunchy meets the 3rd Wednesday of each month for lunch and educational presentations on various topics.

Health Fair: Set up as a vendor with displays educating the community on services provided and health/wellness topics. Staff volunteers to draw blood on this day, also.

Meal Deals: Offer a monthly meal to the public with all donations benefiting a community group or area of the hospital.

Blood Drives: Coordinates two Washington Community blood drives a year. This includes arranging volunteers & providing on-site assistance throughout the day.

School Activities:

Career Days: Staff volunteers their time to provide education on their area of expertise in health care to students from 1st grade through seniors.

High School: Students in Family Life Skills class provide activities to Swing Bed and Intermediary Care patients.

Elementary School: Elementary music class students sing to patients during various holidays.

Community Events: Sponsor community events through newspaper & radio advertisements. Sponsor local schools through purchasing ads for area Yearbooks and donations to After Prom. Participate in the County Fair Parade. Hospital and individual staff members provide baked items for bake sales promoting the local food pantry and Relay For Life.

Hearts N Things: This is a group of volunteer ladies that work year round making numerous items to sell in the hospital gift shop. They also hold an annual bazaar and auction featuring handmade crafts, wood items, baked goods, quilted and embroidered items and more. All proceeds are used to purchase items for the Washington County Hospital.

INTERNAL HOSPITAL

Website: www.washcohospital.net

Training: Both Clinical and Non-Clinical Staff is CPR Certified. Each department's staff is encouraged to seek additional education, training and certification to expand their knowledge and better serve the community.

Memberships: Kansas Hospital Association
Health Innovations Network of Kansas
Washington Chamber of Commerce

Alliances: Mercy Regional Health Center, Manhattan.
Stormont Vail Regional Medical Center, Topeka

Governance: Washington County Hospital Board of Directors
Washington County Commissioners

Staff: Birthday recognition to each staff member with a card and gift certificate. Holiday staff celebrations such as potlucks, breakfast buffets and cookouts are also held. Special celebrations are also held to recognize achieving significant accomplishments, such as furthering their education.

Advertisement:

Weekly ads in the Washington County News and Linn-Palmer Record
KNDY & KCLY radio ads. Press releases to newspapers. Events listed on local cable channels.

Washington County

Health Needs Assessment

~Local People Solving Local Problems~

HEALTH NEEDS ASSESSMENT 2013

1). In general, which of the following best describes your health?

- ☐ Excellent
 ☐ Fair
☐ Very Good
 ☐ Poor
☐ Good

2). Have you ever been told by a doctor or other health professional that you have (fill in all that apply):

	Yes	No	Do not know
Arthritis			
Heart Problems			
Diabetes (sugar)			
High Blood Pressure			
Asthma			
Emphysema or bronchitis (breathing problems)			
High Cholesterol			
Uncorrectable vision Problems or Blindness			
Hear Loss			
Cancer			
Had a Stroke			
Chronic Disease(s) of the nervous system (such as MS) or muscles			
Problems of the stomach or intestines			
Weight Problem			

3). In the past 12 months have you had a (fill in all that apply):

	Yes	No	Do not know
General Health Exam			
Blood Pressure Check			
Cholesterol check			
Flu Shot			
Blood Stool Check			
Dental Exam/Teeth Cleaned			
IF FEMALE:			
Pap Test			
Breast Exam by a Health Care Provider			
Breast X-ray or Mammogram			

4). In the past 5 years, have you had a (fill in all that apply):

	Yes	No	Do not know
Hearing Test			
Eye Exam			
Diabetes Check			
Skin Cancer Screen			
Pneumonia Shot			
IF AGE 40 or OLDER: Rectal Exam			
IF AGE 50 or OLDER: Colonoscopy			
IF MALE and AGE 40 or OLDER: Prostate Cancer Screen/PSA			

5). During the past 12 months, have you had difficulty seeing a mental health professional?

- ☐ I have not needed a mental health professional
- ☐ Yes
- ☐ No

6). In the past twelve months, have you or anyone in your household needed any of the following services and had difficulty getting them?

	Yes	No
I have not needed services (mark YES)		
Emergency/Temporary Shelter or Housing		
Legal Assistance		
Help with Utilities, Food or Rent after a natural disaster		
Help with Transportation		
Help with Childcare		
Relief for Caregivers of Older or Handicapped Adults		
Individual or Family Counseling		
Learning to Read and Write English (adults)		
Help Coping with Domestic Violence		
Services for the Physically or Developmentally Handicapped		
Help with Job Training		
Help Finding a Job		
Debt Counseling		

7). Have you had difficulty accessing healthcare in the past 12 months? If so why:

- ☐ I have not had problems getting needed health care.
- ☐ Healthcare provider not available
- ☐ Lack of insurance
- ☐ Health care provider would not accept your insurance
- ☐ Insurance would not approve pay for care
- ☐ Cannot afford co-pay
- ☐ Lack of transportation
- ☐ Language barriers

8). Do you have health insurance? If not, why (fill in all that apply):

- ☐ I have health insurance
- ☐ Dropped by insurance company
- ☐ Cannot afford it
- ☐ Denied due to pre-existing condition

9). Not including health insurance payments, on average, how much do you spend per month for health care not cover by insurance (include prescription drugs)?

- ☐ Less than \$100.00
- ☐ \$100.00 - \$299.00
- ☐ \$300.00 - \$499.00
- ☐ \$500.00-\$700.00
- ☐ More than \$700.00

10). Are you the primary caregiver for (fill in all that apply):

- ☐ Not a caregiver, skip to question #13
- ☐ A disabled adult 18 years and older
- ☐ A disabled child under age 18
- ☐ An older adult

11). As a care giver do you receive services from any of the following?

	Yes	No
Home Health Care		
Senior Day Care		
Assisted Living		
Other Long-Term Care		
Senior Centers		
Respite Care		
Financial Support		
Family Support		

12). Do you receive help from a care giver? If so, is your care giver a (mark all that apply):

- ☐ Do not have a care giver
- ☐ Family
- ☐ Volunteer
- ☐ Paid
- ☐ Non-Family
- ☐ Long-Term
- ☐ Temporary

13). Is it easy in your community to get around on foot or bicycle?

- ☐ Very easy
- ☐ Fairly easy
- ☐ Not easy
- ☐ I don't know/am not sure

14). How many days per week do you engage in physical activity for at least 30 minutes?

- ☐ None
- ☐ 1-2 days per week
- ☐ 3-4 days per week
- ☐ 5+ days a week

15). How many days per week do you eat at least 5 servings of fruits and/or vegetables?

- ☐ None
- ☐ 1-2 days per week
- ☐ 3-4 days per week
- ☐ 5+ days per week

16). During the past 30 days, how often did you consume 5 or more alcoholic beverages?

- ☐ Almost every day
- ☐ 2-3 times a week
- ☐ 1 time a week
- ☐ Once a month or less
- ☐ None

17). What is healthy about our community? What is unhealthy about our community?

18). What is the most pressing health care related need for you, your family or our community?

19). In what ways are the Hanover Hospital, Washington Co. Hospital and/or Washington Co. Health Department serving the community well?

20). In what ways could the Hanover Hospital, Washington County Hospital and/or Washington Co. Health Department serve the community better?

21). What is the number one thing the Hanover Hospital, Washington Co. Hospital and/or Washington Co. Health Department could do to improve the health and quality of life of the community?

DEMOGRAPHIC QUESTIONS

22). Sex: ☐ Male ☐ Female

23). Age Category:

- | | |
|--|--|
| <input type="checkbox"/> 18-24 years old | <input type="checkbox"/> 60-64 years old |
| <input type="checkbox"/> 25-34 years old | <input type="checkbox"/> 65-74 years old |
| <input type="checkbox"/> 35-44 years old | <input type="checkbox"/> 75-84 years old |
| <input type="checkbox"/> 45-54 years old | <input type="checkbox"/> 85 years and over |
| <input type="checkbox"/> 55-59 years old | |

24). What is your current marital status?

- | | |
|-----------------------------------|---------------------------------|
| <input type="checkbox"/> Married | <input type="checkbox"/> Single |
| <input type="checkbox"/> Widowed | <input type="checkbox"/> Other |
| <input type="checkbox"/> Divorced | |

25). Race or ethnic origin (fill in all that apply):

- | | |
|--|--|
| <input type="checkbox"/> White | <input type="checkbox"/> American Indian or Alaskan Native |
| <input type="checkbox"/> Asian | <input type="checkbox"/> Native Hawaiian or Other Pacific Islander |
| <input type="checkbox"/> Black or African American | <input type="checkbox"/> Other |
| <input type="checkbox"/> Hispanic or Latino | |

26). What was the highest grade you completed in school?

- | | |
|--|--|
| <input type="checkbox"/> 8 th Grade | <input type="checkbox"/> 2 year College Degree |
| <input type="checkbox"/> High School Graduate | <input type="checkbox"/> 4 year College Degree |
| <input type="checkbox"/> GED | <input type="checkbox"/> Post Graduate Degree |

27). Do you live (fill in all that apply):

- ☐ With your spouse
- ☐ With a relative (children, parents, etc)
- ☐ With a non-relative
- ☐ Alone
- ☐ In a home with more than one family
- ☐ I have no home (homeless)

28). Do you:

- | | |
|--|--|
| <input type="checkbox"/> Own your home | <input type="checkbox"/> Live in subsidized housing |
| <input type="checkbox"/> Rent (nonsubsidized) | <input type="checkbox"/> Live in an assisted living facility |
| <input type="checkbox"/> Live in another's home or apartment | <input type="checkbox"/> Live in a nursing home |

29). How many people live in your household (including yourself)? _____

30). Household income (yearly):

- | | | |
|---|--|--|
| <input type="checkbox"/> Less than \$11,000 | <input type="checkbox"/> \$26,000-29,499 | <input type="checkbox"/> \$75,000-\$99,999 |
| <input type="checkbox"/> \$11,000-\$14,499 | <input type="checkbox"/> \$29,500-\$33,499 | <input type="checkbox"/> \$100,000-\$149,999 |
| <input type="checkbox"/> \$14,500-\$18,499 | <input type="checkbox"/> \$33,500-\$37,499 | <input type="checkbox"/> \$150,000-\$199,999 |
| <input type="checkbox"/> \$18,500-\$21,999 | <input type="checkbox"/> \$37,500-\$49,999 | <input type="checkbox"/> \$200,000 or more |
| <input type="checkbox"/> \$22,000-\$25,999 | <input type="checkbox"/> \$50,000-\$74,999 | |

31). Zip Code: _____

*****Completed surveys can be returned to the Hanover Hospital, Washington Co Hospital, Washington Co Health Department or the second Community Meetings in April. Thank You for your time!***

ATTACHMENT #7: Press Release

The Washington County Hospital, Hanover Hospital and Washington County Health Department are currently working together to complete a Community Health Needs Assessment (CHNA). The CHNA is a requirement for both hospitals through the Federal Government's Patient Protection and Affordable Care Act. This is also a requirement for the Health Department's accreditation. The Hospitals, Health Department and Core Work Group all agree that we need a sustainable health care system for the overall health and well-being of the residence of Washington County. They also want the county to maintain the benefits associated with accessible and affordable health care. Local people directing the future of health care in the county is the goal. Core Work Group Members are Pat Mueller and Bev Wilson, Hanover Hospital; Doyle McKimmy, Washington County Hospital; Janice Kearn, Washington County Health Department; Teryl Goeckel, Jennifer Hiltgen & Cindy Waddlington, Community Members. The Core Work Group was established as part of a grant application. The Group received a grant from the Kansas Department of Health & Environment to assist with the completion of the CHNA.

There are three community phases to complete the CHNA. This first phase was completed in March with community meetings held in Hanover, Clifton and Washington. During these meetings community members were given background information on the CHNA, the Economic Impact of Health Care in Washington County and a Community Health Needs Assessment Survey.

The second phase is reviewing and discussing Economic Data and Health Indicators/Health Outcomes Data for Washington County. At this time the CHNA Surveys will be collected. The Core Group is currently looking for someone to facilitate these meetings and once found this meeting will be scheduled. The late, Dr. Roger Baskerville had been the facilitator.

The group is asking for county residents to complete this anonymous health needs assessment survey. Janice Kearn, RN, Health Department Director stated "The more completed surveys we have the better our understanding of what our county's current health status is. It's also a way for us to express what we, living in the county, see as our future health needs." Teryl Goeckel, Core Group member states "These results will be used by more people than the hospitals and health department. They will be used by the schools and other entities applying for grants to provide programs and services in Washington County."

The third and final phase will be presenting the survey results. There will be discussion identifying and prioritizing the needs of Washington County and will include ways to implement the strategies to meet these needs, including who will be responsible. After this meeting the Facilitator & Core Group will create a county-wide report listing the health needs; how those needs will be met; and if not, why those needs cannot be met. This report will be submitted to the government and made available to the public.

Surveys are available at both hospitals and the health department. County residents are highly encouraged to complete these; even if you do not receive health services in the County. Persons with completed surveys may return them to the hospitals or the health department through mail or by bringing them in. Again, these surveys are kept confidential. Anyone wishing to receive a copy of the survey through e-mail may contact Jennifer Hiltgen at jhiltgen@bluevalley.net.

**ATTACHMENT #8: Community Mtg #2
Attendance**

Attendees at each location by zip Code	Community Affiliations
Linn Meeting 6-12-2013	
Palmer	USD #108 School Nurse
Washington	Washington Co Hospital Administrator, Core Work Group
Linn	Retired Nurse; Community Volunteer
Washington	USD #108 Guidance Counselor; Core Work Group
Greenleaf	Acting Facilitator, Core Work Group, Social Worker
Morrowville Meeting 6-13-2013	
Washington	Community Member
Morrowville	Community Volunteer
Washington	Washington Co Hospital Radiology Director
Morrowville	Community Member
Washington	Clergy; Community Volunteer
Hanover	DON Hanover Hospital; Core Work Group
Hanover	DON Hanover Hospital; Core Work Group
Washington	Health Dept Director, Core Work Group
Greenleaf	Acting Facilitator, Core Work Group, Social Worker

Washington County Health Needs Assessment

~Local People Solving Local Problems~

The Hanover Hospital, Washington County Hospital and Washington County Health Department would like to thank you for attending the Community Health Needs Assessment (CHNA) meetings in March.

First, we apologize for the delay between meetings, but as you know with the passing of Doc Baskerville, we lost our friend and facilitator. After searching for the right fit for Washington County, we are pleased to announce Deb Ohlde with the North Central Regional Planning Commission as our new facilitator. Deb is very knowledgeable and a proven leader in the area. She and her team will be a huge asset to the Washington County CHNA process.

The next step is for another set of Community Meetings. We invite you attend one of the following:

Wednesday, June 12th at 7:30 -Linn City Hall, Linn
or
Thursday, June 13th at 6:30 -Cougar's Den, Morrowville

These meetings will last 90 minutes. Refreshments will be a served.

Meeting #2 Agenda

- 1. Collect Completed Surveys**
- 2. Overview of CHNA Concept and Prior Meeting**
- 3. Review of Health Data for Washington Co.**

If you were unable to attend the first meetings, please know your input is still needed and we encourage you to attend the next meetings.

If you or someone you know needs to complete a survey, they are available at both hospitals and the health department. You may also send an e-mail request to jhiltgen@bluevalley.net. Due to the timeframe for our next meetings, we will not accept surveys after the meeting on the 13th.

The final CHNA meeting will be **Wednesday, June 26th** from 7-9pm at the First National Bank, Washington, so mark your calendars!

These meetings are open to the public, so please invite others to attend and we will see you there!

Sincerely,

Washington County CHNA Core Work Group

Deb Ohlde, Facilitator

Pat Mueller & Bev Wilson, Hanover Hospital

Doyle McKimmy, Washington County Hospital

Janice Kearn, Washington County Health Department

Teryl Goeckel, Jennifer Hiltgen & Cindy Wadlington, Community Members

Washington County Community Health Needs Assessment (CHNA)
invites you to attend **one** of the following meetings:

Wednesday, June 12th at 7:30pm: Linn City Hall, Linn
Thursday, June 13th at 6:30pm: Cougar's Den, Morrowville
Refreshments will be provided.

Everyone is invited and we hope to see you there!

****COMMUNITY HEALTH SURVEYS ALSO AVAILABLE AT BOTH HOSPITALS AND HEALTH DEPT****

~Local People Solving Local Problems~

**ATTACHMENT #11: Community Mtg #3
Attendance**

Attendees by zip code	Community Affiliations
Washington 6-26-2013	
Washington	Washington Co Hospital Administrator, Core Work Group
Washington	USD #108 Guidance Counselor; Core Work Group
Washington	Community Member
Morrowville	Community Volunteer
Washington	Washington Co Hospital Radiology Director
Hanover	Director Of Nursing Hanover Hospital; Core Work Group
Hanover	Director Of Nursing Hanover Hospital; Core Work Group
Washington	Health Department Director, Core Work Group
Washington	Community Member; Economic Development Volunteer
Washington	Community Volunteer
Washington	Community Member
Washington	USD #108 Librarian
Washington	Optometrist; Rotary; Chamber Member
Washington	Health Department
Washington	Nurse; Community Volunteer
Greenleaf	Acting Facilitator, Core Work Group, Social Worker

Washington County Health Needs Assessment

~Local People Solving Local Problems~

The Hanover Hospital, Washington County Hospital and Washington County Health Department would like to thank you for attending the Community Health Needs Assessment (CHNA) meetings over the past few months.

We are now ready for the final Community Meeting! If you were unable to attend prior meetings, please know your input is still needed and we encourage you to attend this important meeting. Please plan to attend this final meeting:

Wednesday, June 26th
7:00 - 9:00pm
First National Bank, Washington

Meeting #3 Agenda

- 1. Overview of CHNA Concept and Prior Meetings**
- 2. Review of Local Survey Results**
- 3. Strategic Planning Process**

As you can see by the time allowed for the meeting and in the agenda, this will include a strategic planning process. This process will be interactive and your input is needed. By attending you will be part of the group to identify the top health needs of the county and what is needed to meet those needs.

This meeting is open to the public, so please invite others to attend and we will see you there!

Sincerely,

Washington County CHNA Core Work Group

Deb Ohlde, Facilitator

Pat Mueller & Bev Wilson, Hanover Hospital

Doyle McKimmy, Washington County Hospital

Janice Kearn, Washington County Health Department

Teryl Goeckel, Jennifer Hiltgen & Cindy Wadlington, Community Members

Washington County Community Health Needs Assessment (CHNA), a collaboration of Hanover Hospital, Washington Co Hospital and Washington Co Health Department invites you to attend the **Final Strategic Planning** session:

Wednesday, June 26th

7:00pm – 9:00pm

First National Bank Basement, Washington

This strategic planning session will provide a review of the local health survey results. Next participants will identify local health needs and discuss solutions to those needs. We want YOUR input!

EVERYONE in Washington County is invited!!!

~Local People Solving Local Problems~